

Ron Smith Care Centre



@ Elphin Lodge

OCT 2019 No.52



UPCOMING EVENTS:

Support Group: The next support group for families with a loved one being affected by Dementia/Alzheimer's takes place on Tuesday, 1 October, in the boardroom at 10am and Saturday, 12 October, at 9:30am in the Cardroom/Clubhouse. Please contact Lorna Quinn if you are interested in joining the support group on 082 456 5692 or email lornaq49@gmail.com

Gardening Group: The next group will be held on Wednesdays 2 and 16 October at 10:30am in RL3 Dining Room.

Lotto: The next Lotto Concert will be held on 9 October with entertainment by Chantie Minnaar (pianist).

Boerie Braai in conjunction with the Joker Jackpot draw will be held on 18 October in the Quad area outside the hall. Place your order with Wanda at Elphino's Coffee shop, R25 a Boerie roll.

Sing-a-long: Come sing-a-long to good old favourites on the in the OT/ Activity Centre from 9:30-10:30am on 10 & 24 October.

Card Making: Will take place in the OT/Activity Centre on 17 October at 2pm.

Hands & Nails: Will be held on 31 October in the OT/Activity Centre, from 9:30-11:45am and on 29 October in RL3.

Hymn Singing: Every Tuesday in the chapel from 2pm-2:45pm.

News Group: Every Thursday, Cedar Park patio at 9:30am, all welcome.

Bible Study: Every Wednesday in the Chapel at 2pm.

Hobby Club: Every Tuesday at 2pm in the OT/ Activity Centre.

Bridge Group: Want to learn how to play Bridge or even play a friendly game. Join us in the cardroom at 2pm every Wednesday afternoon.

Team-building fun

On September 10, the nursing staff of the Woodlands and Cedar Park wings held a team-building event at the Woodlands Lapa and croquet lawn.

Weeks before, the two teams had a training session with Recreation Manager Debbie Christen, who taught them the game of croquet and also how to have a golf putting competition.

On the day, both teams pitted their skills against each other, determined to come out tops! At the end of the day, the Woodlands group were the first to complete the croquet course and the Cedar Park team won the golf competition – so both teams were very happy and had so much fun building their team spirit and getting a good dose of fresh air and sunshine in the process.



The Cedar Park team (red): Lucy Kgafela, Noma Malevu, Penelope Mthembu and Christina Maluka. The Woodlands team (blue): Busi Nxumalo, China Matsane, Florah Mothogoane, Grace Tshikalongwe and Gwen Coutinho.

Resident

My name is **Clem Lilley**.

Things you may not know about me: I was born in 1945 in JHB and was the 3rd born of 6 children. We were all named with letters beginning with A, B, C, D, E and F, according to the order of our birth! I obtained a degree in Civil Engineering from Wits University and then worked for Dorman Long Engineering where I gained expertise in shipbuilding and power station design. After 10 years, I accepted a position with Murray & Roberts and became head of their engineering department. I worked there for 40 years until my retirement in 2017. My wife Dorothy and I knew each other from our school days and our friendship evolved into love. We were married for over 50 years until her death in 2016. She was a very wise woman and kept me on the straight and narrow! I built our first home in Durban North, after which we re-located to JHB and set up our family home on Dean Road in Bedfordview. I have 2 children, Andrew and Bernice and 3 grand children.

A few of my favourite things: My simple pleasure is to take a daily walk and enjoy the fresh air and sunshine. I like music from the 60s and 70s (Roy Orbison) & mainly watch sport (rugby and cricket) on TV. I used to enjoy gym and weight-lifting (in my younger days, I used to be able to bench press 200 lbs!). These days, I enjoy working with my Meccano sets (I recently completed a train engine). I have travelled quite a bit, but my most memorable and meaningful trip was when I visited relatives in Ireland and they took me right around the country so I could learn about my family's place of birth and cultural heritage.

My motto: Trust in the Lord.



Employee

My name is **Rosemary Mazibuko**.

Things you may not know about me: I was born in 1981 in Newcastle, KZN, the last born of 8 children. I completed matric in Tembisa, where I relocated to look after my sick aunty. I attended college to do Business Studies and Marketing Management but discovered that this was not really my area of interest. In taking care of my aunty, I found that it was in my heart to give loving care to elderly and frail people so I worked as a domestic at a guesthouse for 3 years and saved up my money to do care worker training at Lady with the Lamp. In 2016, I was employed as a domestic in the Elphin Lodge cottages and in 2018 I became permanent staff at Rand Aid. My partner Thulani and I have now been together for 19 years and have a wonderful, 17-year-old soccer-mad son, Sandiso.

A few of my favourite things: I love spending time in KZN with my big family. We go down to the river for a picnic and take along plenty of snacks. I enjoy cooking and my favourite food is beef stew with dumplings. I have a very sweet tooth and love chocolates, biscuits and peach juice. I love watching detective, investigative and crime shows and am a huge fan of cricket and rugby. In soccer, Thulani supports the Chiefs but I am a Pirates fan. If I won the Lotto, I would further my studies (I want to be Matron), travel to Paris and design my own house! I am thankful for my parents, especially my father who is my role model and pillar of strength and also for everything I have achieved so far.

I am grateful: For my faith, which is where I get my strength to face everything that comes my way.



New OT

My name is **Corlia Schutte**. I have been working at the care centre as Occupational Therapist since August.

Things you may not know about me: I was born in 1973 in Bloemfontein and was the eldest of 3 children. Our family moved to JHB when I was 11 and I went to school in Bryanston and Randburg. It was a huge adjustment as initially, I didn't speak English and I missed the Afrikaans community of my early childhood. I always wanted to be a geologist but my dad said it wasn't a good job for a woman and there was no money in it! Eventually, I discovered that I had an aptitude for occupational therapy and studied for this degree at the University of Pretoria. I have worked in my field at a private paediatrics practice, at Edenvale Hospital, Riverfield Lodge, Ons Tuis (home for older people) and at Livewell Village where I was able to focus on my passion for working with people living with dementia. I live in Pretoria and am the single mother of 4 beautiful children who bring me such joy everyday: Talia (17), Hymne (13), Simon (3) and Isabel (1).

A few of my favourite things: I love anything creative, hockey, walking, birdwatching and animals (we have a pug dog named Grace and a toy pom named Liefie). My simple pleasures are spontaneous hugs and kisses from my children, the warm comfort of good coffee and silence! I have enjoyed my travels to America, the Comoros, Austria, Switzerland and Denmark, but my best trip was to Norway with its magnificent fjords, mountains and rivers. We all have a little nook into which our spirit fits and Norway is that place for me.

My faith: Is important to me – it gives me hope.



Eden thought

Activities such as our Country and Western-themed Happy Hour provide opportunities for fun and joy with family, friends and care partners. Team building activities help us to connect and build working relationships, promote team spirit and motivate us to work together to achieve our vision and mission of improving quality of life and well-being for all in the RSCC community.

Birthdays

RESIDENTS

1 October, Maria Dal Lago, LS (94)
1 October, Jessie Pickard, RL3 (92)
4 October, Jane Hart-Davis, RL2 (99)
4 October, Cecily Ryder, WL (90)
5 October, Benjamin Rosalind, LS (85)
9 October, Nicoletta De Bellis, RL1 (87)
10 October, Joseph Rosen, WL (84)
10 October, Katrina Diedericks, RL3 (92)
17 October, Megan Weeks, WL (89)
23 October, Isaac Poulton, RL3 (88)
25 October, Brian Russell, WL (91)
26 October, Linden Millard, RL2 (84)
30 October, Alvine Luke RL2 (94)
30 October, James Taylor WL (89)

VOLUNTEERS

19 Oct.....Sheryl Emmett
23 Oct.....Helen Dix

STAFF

1 Oct, Pauline Ncube (Security)
2 Oct, Ivonne Mogaru (LS)
3 Oct, Mapula Morudi (CP)
3 Oct, Lindiwe Hlope (RL1)
5 Oct, Shirley Makwarela (CP, Special)
5 Oct, Lelo Manaka (RL2)
6 Oct, Leanie Bessinger (RL1)
8 Oct, Siziwe Manyamalala (Lakeside)
9 Oct, Virginia Mdolo (Lakeside)
10 Oct, Rebecca Ledwaba (RL3)
13 Oct, Beverly Maodi (CP)
13 Oct, Elliot Masina (Maintenance)
17 Oct, Priscilla Nkosi (RL3, Special)
22 Oct, Rosina Bodila (RL3)
22 Oct, Priscilla Mamudzidi (Hairdresser)
24 Oct, Prudence Mokoena (RL3)
25 Oct, Kedibone Madibane (Housekeeping)
26 Oct, Joyce Sehola (Kitchen)
27 Oct, Simon Moagi (Security)
28 Oct, Rose Shai (RL2)
28 Oct, Thamsanqa Ningi (Security)
28 Oct, Fulufhelo Mukwevho (RL2)
28 Oct, David Sekia (Security)
* Staff members must remember to pop in at reception to receive a small birthday surprise!

WELCOME TO

Doreen Woodward, CP

FONDLY REMEMBERED

Halina Malujlo, RL2