

Ron Smith Care Centre

@ Elphin Lodge



October 2020 No.62

Come visit your loved one!

Resident Olive Jew (right) and her daughter Liz Wallis are absolutely delighted to be able to visit one another, as they missed each other terribly during the lockdown. Before her visit, Liz sent a message to her mom saying: "I am beyond excited and so grateful to be able to see you again... I'm counting the sleeps!"



Realising the importance of our residents having face-to-face contact with their loved ones again, management has set up a visiting programme, which kicked off on September 4.

However, keeping our residents and staff healthy and minimising the risk of COVID-19 infections remains our priority, so a number of safety regulations have been implemented:

- Visits must be pre-booked.
- Visitors need to wear a mask.

- Visits will take place in pre-designated locations.
- Maximum of 30 minutes per visit.
- Two visitors at a time.
- Visitors are not permitted on the wings or in rooms.
- Children under the age of 18 are not allowed on the property.

For further information or to make a booking, kindly email Debbie Beech: dbeech@randaid.co.za or Corlia Schutte: cschutte@randaid.co.za

COLD BUT CHEERFUL SPRING DAY BRAAI

RSCC welcomed spring with a lovely braai on what turned out to be a very cold 1st of September! Despite the chill, residents enjoyed the warm atmosphere in their home, and appreciated the beautiful spring flowers that brought life and colour to their dining rooms. They enjoyed a meal of pap, wors and salad, topped off with an Eskimo Pie for pudding, with one resident claiming that it is always a good time for ice-cream, no matter what the weather!



Penelope Mthembu and Leon Shuker.



Sarah Goldberg and Noma Malevu.



In case you missed it, be sure to go onto the Rand Aid website (www.randaid.co.za - Latest News) to check out an awesome video of our residents and staff dancing the Jerusalem challenge!

Congratulations

To Sr Leigh Kotze and Sr Tilly Sibiya on their promotion to the position of Charge Professional Nurse. Well done – we are so proud of you!

- More staff news on page 2

WELCOME TO NEW STAFF

Left to right:
Sr Zanele
Lukwalala, Sr
Esmerelda
Rusiki and
Sr Catherine
Dube joined
our RSCC
family on
September 1.



A trio of Sisters joins the team

SISTER ESMERELDA RUSIKI is working in Woodlands. We met her when she worked in our isolation unit at the Ron Smith Care Centre where she proved to be a gem. She has worked at Sandringham Gardens as a Unit Manager and as a Nursing Services Manager at Nazareth House in Johannesburg. She is married with three children.

SISTER ZANELE LUKWALALA is working night duty on River Lodge 2 and 3. She worked in our isolation wing where she proved invaluable in caring for our residents. Sr Zanele has worked at Morningside Mediclinic, Country Life Retirement Village and Glenwood Life Health Care. She is married to Melikhaya and they have a beautiful four-year-old daughter, Lethu.

SISTER CATHERINE DUBE will be taking over as Village Sister from Sr Helena Bezuidenhout. We had the pleasure of meeting Sr Catherine during our last COVID-19 outbreak in the Ron Smith Care Centre. She has vast experience working in Aged Care, having worked for Helping Hands Live-in-Care in the UK and as Charge Sister at Nazareth House in South Africa. Sr Catherine has four children, who live in Germany: A son (27), twin daughters (23) and a 'laat lammetjie' aged 10 who lives with her mom.

... and a trio of Sisters says farewell

It is with a sad heart that we bid farewell to two staff members who have worked at Rand Aid Association for many years:

■ **Sr Loraine Martiny** (26 years), who has worked tirelessly on River Lodge 3 with our residents living with dementia.

■ **Sr Gwen Coutinho** (18 years), who will be so missed by her residents on Woodlands.

■ **Village Sister Helena Bezuidenhout** (five years), who retired at the end of September.

We thank them for their loyal service and wish them well with their retirement.

Birthdays

RESIDENTS

01 October, Maria Dal Lago (RL2)
01 October, Jessie Pickard (WL)
04 October, Cecily Ryder (WL)
07 October, Malcolm Barlow-Jones (RL3)
10 October, Joseph Rosen (WL)
15 October, David Scott (RL3)
17 October, Megan Weeks (LS)
25 October, Brian Russell (WL)
26 October, Linden Millard (RL2)
30 October, Dolly Luke (RL1)

VOLUNTEERS

19 October, Sheryl Emmett
23 October, Helen Dix

STAFF

1 October, Pauline Ncube (Security)
2 October, Ivonne Mogoru (LS)
3 October, Mapula Morudi (Cedar Park)
3 October, Lindiwe Hlope (RL1)
5 October, Lelo Manaka (RL2)
6 October, Leanie Bessinger (RL1)
8 October, Siziwe Manyamalala (Lakeside)
9 October, Virginia Mdolo (Lakeside)
10 October, Rebecca Ledwaba (RL3)
13 October, Beverly Maodi (CP)
13 October, Elliot Masina (Maintenance)
17 October, Priscilla Nkosi (RL3, Special)
22 October, Rosina Bodila (RL3)
22 October, Priscilla Mamudzidi (Hairdresser)
24 October, Prudence Mokoena (RL3)
25 October, Kedibone Madibane (H/keeping)
26 October, Joyce Sehola (Kitchen)
27 October, Simon Moagi (Security)
28 October, Rose Shai (RL2)
28 October, Thamsanqa Ningi (Security)
28 October, Fulufhelo Mukwevho (RL2)
28 October, David Sekia (Security)

FONDLY REMEMBERED

Jean Hart, River Lodge 3
Hymie Cohen, Cedar Park

WELCOME TO

Nanna Roberts, River Lodge 1
David Scott, River Lodge 3
Malcolm Barlow-Jones, River Lodge 3
Joan Abbott, Woodlands



Some RSCC's staff and residents all dressed up and ready to celebrate.

Dances delight on Heritage Day

Ron Smith Care centre celebrated Heritage Day on September 23 with a display of the nation's many traditional dances.

Instead of one get-together, celebrations took place on all the wings to prevent overcrowding. Staff and residents were treated to fresh strawberries and ice cream and a special goodie pack filled with mango juice, crisps, jelly babies, chocolate, hand lotion and shower gel.

The rest of the day saw traditional dancing from the Venda, Tsonga, Zulu, Xhosa and Pedi tribes, much to the delight of the residents. As always, it was a glorious sight to see staff representing the diversity of South Africa coming together in a beautiful melange of music, dance and costumes.



Louise Newman and Knowledge Mabunda.