



SANCA WEDGE GARDENS

*Full Circle Recovery
– Restoring lives,
rebuilding
futures*



What makes SANCA Wedge Gardens special?

SANCA Wedge Gardens offers a holistic Full Circle Recovery Programme focused on men living with substance use disorder. Combining professional counselling, medical care and spiritual support, the centre fosters lasting recovery in a peaceful, secure setting. Our multidisciplinary team helps clients rebuild lives by addressing physical, emotional, mental and spiritual needs, while emphasising reintegration with family and community for sustainable healing and growth.



Take back your life

Located in tranquil Whitney Gardens, Johannesburg, SANCA Wedge Gardens provides a safe and supportive environment dedicated to long-term rehabilitation. Our Full Circle Recovery Programme integrates detoxification, in-house treatment, family involvement and community reintegration to guide clients step-by-step through recovery. We use a holistic, systematic therapy approach that integrates problem-solving and reality therapy, provided by a team of professionals, including a clinical psychologist, social workers, medical practitioners, an occupational therapist and nursing practitioners.

Facilities

Residents enjoy communal lounges with TV and DStv, a snooker room, library, e-media centre, gym, dining areas, chapel, picnic spots for family visits, a village superette, laundrette, volleyball court and expansive grounds.

Security

24-hour security, controlled access, electrified fencing and CCTV.



Core services



Detoxification:

Safe, 24-hour monitored detox with options for private en-suite or shared accommodation



In-house treatment:

Three-phase approach – assessment, intervention and reintegration. Clients undergo a comprehensive evaluation, followed by individual and group therapies, social skills development and psycho-educational sessions. Reintegration includes family participation and introductions to fellowship groups like Alcoholics Anonymous.



Family sessions:

Supporting families to provide healthy encouragement, avoiding enabling behaviours that perpetuate addiction.



Halfway house:

Transitional living with structured support for smooth societal reintegration.



Aftercare:

Monthly meetings for clients to maintain support networks and reduce relapse risk.



Outreach:

Drug awareness presentations, workplace testing and employee assessments by invitation.

***SANCA Wedge Gardens
– recovery is more than
treatment, it's a new
beginning.***