



assist. alleviate. accompany.



## SANCA WEDGE GARDENS

***Full Circle Recovery  
– Restoring lives,  
rebuilding  
futures***



### ***What makes SANCA Wedge Gardens special?***

SANCA Wedge Gardens offers a holistic Full Circle Recovery Programme focused on men living with substance use disorder. Combining professional counselling, medical care and spiritual support, the centre fosters lasting recovery in a peaceful, secure setting. Our multidisciplinary team helps clients rebuild lives by addressing physical, emotional, mental and spiritual needs, while emphasising reintegration with family and community for sustainable healing and growth.



## Take back your life

Located in tranquil Whitney Gardens, Johannesburg, SANCA Wedge Gardens provides a safe and supportive environment dedicated to long-term rehabilitation. Our Full Circle Recovery Programme integrates detoxification, in-house treatment, family involvement and community reintegration to guide clients step-by-step through recovery. We use a holistic, systematic therapy approach that integrates problem-solving and reality therapy, provided by a team of professionals, including a clinical psychologist, social workers, medical practitioners, an occupational therapist and nursing practitioners.

### Facilities

Residents enjoy communal lounges with TV and DSTv, a snooker room, library, e-media centre, gym, dining areas, chapel, picnic spots for family visits, a village superette, laundrette, volleyball court and expansive grounds.

### Security

24-hour security, controlled access, electrified fencing and CCTV.



### Core services



#### Detoxification:

Safe, 24-hour monitored detox with options for private en-suite or shared accommodation



#### In-house treatment:

Three-phase approach – assessment, intervention and reintegration. Clients undergo a comprehensive evaluation, followed by individual and group therapies, social skills development and psycho-educational sessions. Reintegration includes family participation and introductions to fellowship groups like Alcoholics Anonymous.



#### Family sessions:

Supporting families to provide healthy encouragement, avoiding enabling behaviours that perpetuate addiction.



#### Halfway house:

Transitional living with structured support for smooth societal reintegration.



#### Aftercare:

Monthly meetings for clients to maintain support networks and reduce relapse risk.



#### Outreach:

Drug awareness presentations, workplace testing and employee assessments by invitation.

***SANCA Wedge Gardens  
– recovery is more than  
treatment, it's a new  
beginning.***