

Ron Smith Care Centre

@ Elphin Lodge



April 2021 No.67

The JOY of being outdoors

Residents and staff have been enjoying the last of the lovely fall weather at the Croquet lawn & Putt Putt area in the Woodlands garden. Being served tea, snacks, ice cream cones and ice lollies in the beautiful grounds of the Ron Smith Care Centre has put sunny smiles on a lot of faces! Many of the residents and staff also had fun having a go at the putt putt golf. After being coached, Jo Maxted, who had never hit a golf ball in her life, managed to get a hole-in-one! She was ecstatic as everyone applauded her grand achievement!



1. Doreen Woodward and Lee Morowitz.
2. Joan Gelman.
3. Kingsley Fuller.
4. Gordon Ross.
5. Helen Barlow-Jones and Dave Scott.
6. Louise Newman.

7. Olive Jew.
8. Irene Droste.
9. Jo Maxted.
10. Marge Trinder.
11. Inez Lucas.
12. Beth Roberts.
13. Heather Zipp.

Get to know me

MARGE TRINDER: LAKESIDE RESIDENT

I was born in Barberton, Mpumalanga, on 11 September, 1930. My family moved a lot & I went to 7 different schools. After matric, I attended business college in Cape Town & then got a job with the Municipality before applying to become an air hostess with SAA, and this suited me wonderfully! Besides the joy of being exposed to foreign cities & cultures, once you were promoted & scheduled to cover the overseas routes, there were all sorts of perks. I have happy memories of staying in super hotels & of freebie holidays around the world. My husband, Harry, was a flight navigator for SAA. My love for travelling developed during this time & years later, our family would take our annual holidays in Europe & America. Harry & I were married for 10 years until his tragic death in



1968. Three years later, I met my second husband, Peter, & we were happily married for 33 years. I have 3 children: Caroline (JHB), Marion (JHB) and Peter (USA) & 6 grandchildren.

Passing thoughts:

In the good old days, I loved dancing to live bands. The sorrow of my life was that neither of my husbands danced! I am an avid reader & used to run a book club in Benoni. Because I'm curious about people, I love reading biographies – especially those of British & SA politicians! I enjoyed entertaining – it was a challenge to see if I could duplicate a dish, exactly as it was meant to be! The first restaurant I will go to after lockdown is The Grill in Rosebank, for a nice juicy piece of rump. I am happy at Lakeside, enjoying the company of my old friend, Olive, and others, & playing Scrabble with my new friend, Sylvia.

JO MAXTED: LAKESIDE RESIDENT

I was born on 27 April, 1946, in Pontypridd, Wales. My father was a British diplomat & our family moved with him to his first posting in Amman, Jordan & then to Japan. At the age of 13, I attended boarding school in Wales until I matriculated. I then travelled to Tehran, Iran, to be with my parents & I have wonderful memories of this fascinating country. Iran is where I got my first job (working for the American Council). My next move was to the Congo, where I taught English to university students & where I met my South African husband, William. We married in Zambia & had 2 children: Michelle, who happily lives in the UK and Jason, who tragically passed away in 2019. I have 4 'furry-haired grandchildren' – 2 cats: Lola & Bear; and 2 dogs: Harley & Zoe. I brought my gorgeous



Burmese cat, Roxy, to live with me here.

I am proud of the fact that I worked for Merck pharmaceuticals for almost 30 years, until my retirement.

Passing thoughts:

I am currently planting flowers in the gardening beds at Lakeside. I love reading & music from the 60s, 70s & 80s. I love a good braai & would give anything for some nice lamb chops, fillet steak with a nice pepper or mushroom sauce, mussels in white wine sauce, smoked salmon for breakfast, or spareribs from the Piatto Restaurant in Midrand. Otherwise, I'd be happy with a big slab of nutty chocolate! My other happy place would be if I could manage a trip to the UK to visit my daughter. Just hearing her voice makes my day, but it would be awesome to see her in the flesh!

NELLIE MOTSHOENE: LAKESIDE CARE WORKER

I was born on 5 April, 1995, and grew up in Thembisa. Although I was raised by a single parent, my mom worked hard as a catering supervisor at Southern Suns hotel & managed to give her children everything they needed. After matriculating, I took a gap year & in 2016, I enrolled at The Lady of the Lamp school for care worker training. My partner, Thulani, and I have been together for 7½ years. In 2017, my beautiful daughter Melokuhle was born & she is such a joy in my life! We love to draw, paint & colour; and enjoy picnics in the park. In 2018, I took my first airplane trip, to Durban. It was amazing to see the beautiful view from the sky.



I joined Rand Aid in 2018 & enjoy working on the Lakeside wing with our residents. We have fun & interesting times together!

My brother Mzayilani is my inspiration. He failed matric 4 times, but he kept on trying until he passed & went to varsity. Today, he is a successful ABSA manager. He motivates, challenges and pushes me to succeed.

Passing thoughts:

Life is a blessing. I love singing, gospel music and spending time at home, cooking and baking with my mom. We love trying out new recipes & get a lot of our ideas from the Food Network on TV. My favourite dishes are those that have anything to do with meat & I prefer salty things over sweet.

I have loved drawing & coloring in since I was in crèche & my favourite colour is maroon. I have 2 dogs: Max & Bathathe. I enjoy window shopping at malls, Gold Reef City (I've been on all the rides) and Mugg & Bean for ribs, wings & salad.

Birthdays

RESIDENTS

03 April, Gordon Ross, RL3 (89)
05 April, Doreen Venn, LS (104)
06 April, Jill Jones, WL (78)
09 April, Bella Tworetzky, RL3 (91)
14 April, Sylvia Lasarow, LS (93)
14 April, Gail Harmer, RL2 (84)
16 April, Malcolm Shalekoff, RL3 (81)
17 April, Ellen Quinn, LS (98)
17 April, Shulasmit Smith, LS (87)
21 April, Lorraine Lowdon, RL1 (81)
23 April, Elaine Cohen, CP (92)
24 April, Sue Bohmke, RL2 (83)
27 April, Josephine Maxted (75)

VOLUNTEERS

01 April, Jim Powell
03 April, Yvonne Butts
04 April, Elaine Ho
06 April, Ronnie Cumming
08 April, Maria Moreira
27 April, Fatima De Nobrega

STAFF

1 April, Knowledge Mabunda (LS)
4 April, Helen Makwaeba (WL)
5 April, Dineo Tshukutswane (RL2, Special)
5 April, Pascaline Kamela (RL3)
5 April, Nelly Motshoene (LS)
6 April, Victoria Nkuna (RL3)
6 April, Phylis Ntimane (Housekeeping)
17 April, Nonhlanhla Mabusa (Elphin)
17 April, Jobson Nkuna (Security)
18 April, Charlotte Tema (RL2)
24 April, Joyce Mabowa (WL, Special)
27 April, Penelope Mthembu (CP)
28 April, Anna Matlala (Kitchen)

Fondly remembered

Theophile Albert Lutz and Robert Murray.

Welcome to

Shulasmit Smith, LS; James Wight, CP; Gitty Lee, RL2; and Anastasia Issaia, LS



ONE, TWO, THREE... Volunteer Sheryl Emmett has started Chair Exercises again in the OT Activity Centre. Being put through their paces are Linden Millard (left) and Josephine Kew (right).



EASTER FUN: Sylvia Kree from River Lodge 1 with her Easter Egg design. Colourful wrapping paper artfully arranged makes for a beautiful Easter Egg!