

Ron Smith Care Centre

@ Elphin Lodge



MARCH 2022 No. 75

JOY Dogs spread Valentine's love

We all fell in love with Jade, Orion & Yola – the Old English Sheepdogs who came to visit on 17 February with their owner & handler, Sue Green.

Their visit was a real Valentine's treat and warmed the hearts of all who had the privilege to meet them. Residents and staff alike were delighted to spend time with them, touch them, take photos with them and watch them do some tricks.

The dogs are the brand ambassadors for Dulux paint and are celebrities in their own right. Orion is also featured in current TV and social media adverts.

The therapy dogs seemed to enjoy the spacious Woodlands area & had a happy time spreading LOVE & JOY, and being admired by everyone who saw them.



CLOCKWISE, FROM TOP:

Louise Newman.

Ellen Quinn (left) & Olive Jew.

Ria Milburn.

Jade (1½, born in SA), Yola (9, from Hungary), and Orion (4, from Russia).

Valentine's: A week filled with love, laughter, fun & surprises!

Residents and staff felt the love as they enjoyed a number of activities and events, including a cake pop surprise, Valentine's tea, a decorate-your-own-cupcake session, refreshments by the lake, Valentine's game, bingo & quiz, morning tea with Danish pastries, romantic movie and making Valentine's chocolates.





CONGRATULATIONS: UPWARDS AND ONWARDS

The following were *ad hoc* staff who have been promoted to permanent positions:

- Maite Mawasha (enrolled nurse), Sihle Mashai (ENA).
- Housekeeping staff: Pinky Tshayisa, Senseleni Nkosi, Neliswa Khoza & Lerato Masoga.
- Former housekeeping staff Constance Ndlela & Lerato Pebane are now careworkers on River Lodge 2.
- Careworker Evelyn Shilubane has moved from River Lodge 3 to the Recreation Department.



Maite Mawasha.



Sihle Mashai.



Lerato Pebane, Lerato Masoga, Neliswa Khoza and Pinky Tshayisa.



Senzelini Nkosi, Evelyn Shilubane and Constance Ndlela.

Get to know me

Connie Ndlela: River Lodge 2 careworker

I was born in 1977 in Bergville, KZN, the first born of 3 children. I enjoyed school & finished matric but did not study further because of finances. I eventually came to JHB & worked as a tea lady & then as a warehouse assistant. I joined Rand Aid in 2018, working as a kitchen domestic at RSCC. But I have always wanted to become a nurse because I love to help people, so when I heard about careworker training at Lady of the Lamp, I decided to start saving money to do the training. It was good because I could work & study at the same time. I qualified as a careworker in January 2021



& one year later, I was promoted from kitchen domestic to care worker on River Lodge 2. I am so happy because at last, I am doing the work that is in my

heart! I met my boyfriend, Dumisane, when I was on his taxi driver route & we've now been together for 4 years.

Passing thoughts:

When I am off duty, I love to go to Maponya Mall's 2nd-hand book shop to find something good to read. I enjoy biographies & stories about other people's lives. I then go to Maxi's for roast chicken or a burger & strawberry milkshake! One of the funniest memories is when I was in my 20s & had recently arrived from rural KZN. I was at Eastgate Mall & it was the first time I had seen an escalator! I was afraid of these moving steps & ended up lying on my stomach to go down! I am grateful that even though I grew up in a poor family, I was able to achieve my goal of qualifying to care for people. My dream is to further my studies in nursing.

Marie Volschenk: Lakeside resident

I was born in 1937 in Durbanville near Cape Town to an Afrikaans-speaking family. I was the middle child of 8 children! Our family was not well off & because there were so many mouths to feed, we all had to start working early in life. I attended school up until Standard 8 & then managed to get a clerical job at Sanlam. I met my husband, Kobus, at Volkspeeler (traditional Afrikaans folk dancing). We lived in Durban North for many years & had 1 son, Kobus, who is married to Heidi. I have 3 beautiful granddaughters, Kora, and twins, Jenna & Tessa. After my husband's death, I moved to Thornhill Manor & lived there for 18 years. I love flowers & had a beautiful garden.



I grew my own roses & planted pansies all around the edges. I also had daisies, shrubs & cacti. I used to change the flowers with the seasons.

Passing thoughts:

My husband sent me to technical college to learn cooking & sewing, but I was never a keen cook! The sewing was better & I used to like making dresses. I enjoy knitting & still knit squares to make blankets for the poor in winter. I used to enjoy dancing with my husband when we attended functions. I have not done that much travelling, but one of my fondest memories is a trip to Germany that I took with my sister-in-law. It was lovely from start to finish. These days, I like to read (Jeffrey Archer), watch TV, and go for a little walk every morning & afternoon. Sometimes I watch cricket or rugby – I have always supported Western Province. I am proud of my son, Kobus, for getting a degree & qualifying as a Chartered Accountant & that my eldest granddaughter is studying at university. I belong to the Dutch Reformed Church & my faith has always been so important to me.

Paddy Lowe: Lakeside resident

I was born in 1939 in JHB & attended the Barnato Park High School in Berea. The best part of school was all the sports. I was on the netball, tennis, swimming & gymnastics teams & was quite competitive! I then took a secretarial course & landed a job at the Anglo Vaal Mining Co, working in their records & library department. I met my husband, Henry, through mutual friends. One of our favourite activities was to go ice-skating. I wasn't very good at it but enjoyed holding his hand as he kept me upright around the rink! We were married when I was 21 & were happily married for over 50 years until his death in 2015. I have three wonderful sons: Ray (SA), Mike (Australia) & Stuart (Australia) and 5 grandchildren. I am thankful for the



beautiful home in Dunvegan in which we raised our family & where we lived for over 52 years. We had always done a fair bit of travelling overseas & no matter where we went, I was always grateful to come back to home sweet home.

Passing thoughts:

I like to relax with a good murder mystery or espionage story with lots of twists & turns. I enjoy crossword puzzles & have always loved dancing. I like watching mostly sports on TV & follow tennis, golf and swimming. I used to play tennis & golf every weekend & belonged to the Dunvegan Edenvale Tennis Club & the Glendower Golf Club. We played league & one of my proudest moments was when I achieved a hole-in-one against Bryanston! My fondest wish is to see my family in Australia again. I miss them all so much.

Birthdays

RESIDENTS

02 March	Rhona Burnham (LS) 91
06 March	Henriette Oosthuizen (WL) 90
09 March	Ursula Northern (CP) 93
09 March	Maureen Ruckebier (RL3) 70
10 March	Herman Brosch (RL3) 85
11 March	Sylvia Kree (RL1) 95
18 March	Gail Spinks (RL2) 68
20 March	Lynette Honigman (RL3) 70
21 March	Anna Veltman (CP) 80
25 March	Maria Nobrega (RL3) 86
26 March	Eric Roediger (LS) 85
31 March	Clement Lilley (CP) 77
31 March	Gwen M'Crystal (RL2) 89

VOLUNTEERS

10 March	Claudette Theunissen
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STAFF

02 March	Litsietsi Tshonisa
03 March	Julia Molotsi
03 March	Kedibone Shongoane
03 March	Gcinile Simelane
06 March	Moipone Mthogoane
06 March	Siphokazi Mzana
15 March	Mmakosha Matsane
15 March	Tinyiko Nkwini
16 March	Thibambane Thabang
17 March	Mashaphu Khwinana
18 March	Ramadumetsa Lesufi
18 March	Busisiwe Nxumalo
20 March	Portia Ngobeni
24 March	Randy Matsaung
29 March	Thabisile Ndobé

Fondly remembered

Jack Lacy: CP Jessie Pickard: WL

Welcome to

Ugo Gaiti: RL2 Joan Boule: WL
Ada Zidel: RL3 Sandra Lampert: RL2
Romano Giannone Ceretto: RL1



Cedar Park resident Anne Brokensha celebrated her 101st birthday on 28 January, surrounded by family, friends and RSCC carers. Her life story tells of a challenging childhood that equipped her with numerous skills, wartime intrigue and, above all, a strong, nurturing personality that has been her family's guiding light. She has lived at RSCC since 2015, and survived Covid-19 in 2020.