

# Ron Smith Care Centre @ Elphin Lodge



SEPT 2022 No. 82



## Marvellous Marie's centenary

River Lodge 1 staff Lebo Mashale, Petunia Molea, Emily Thabang and Catherine Mphahlele with resident Marie Roberts, who turned 100 on 27 August. Born near Zeerust in 1922, Marie learnt to speak Tswana at the farm school she attended. "We used to go to school on a donkey cart," she says. During the depression, her family moved to Joburg where Marie attended Commercial High School. She met her husband Lawrence at a roller rink and they were married for almost 72 years. They had two sons, William and John, seven grandchildren and five great-grandchildren.



Women's Day was a week-long event at RSCC, with our recreation centre transformed into a day spa – complete with low lighting, candles and tranquil music. Starting on 8 August, three spa afternoons were held for residents from all six residential wings to relax, unwind and enjoy manicures and massages. Residents then enjoyed a lovely high tea, with singer Roy Edwards, sponsored by AVBOB, on 12 August. The golden oldie music brought back fond memories for the residents, stimulating conversation about past experiences. Some were inspired to dance or move to the music, which brought fun and joy to all.

*Our wonderful  
WOMEN*



## Get to know me

### BERYL O'DONNELL: WOODLANDS RESIDENT

I was born in 1930 in JHB. My father was a dentist & my mother was a teacher. I attended Parktown Girls High but left school just before matric to look after my mother who was ill. I then went to secretarial college to learn shorthand & typing. At 19, I met my husband Michael, when we were both living at a boarding house in Kensington & I roomed with his sister, Sheila. We just clicked & when he left JHB to work for his father's pharmaceutical company in East London, we stayed in touch & were married 4 years later, in 1951. After we married, I got my first job working for a law firm as a conveyancer, but stopped working when



we decided to start a family. We had 3 daughters: Jenny, Shaddy & Susan who all thankfully live in JHB & 6 beautiful grandchildren. Michael was

a lovely man, hardworking & dependable. He built up his own glassware business & was very successful. We travelled extensively (England, America, China, Australia and Ireland) and saw so many wonderful things. We were married for 64 wonderful years until his death in 2015.

#### Passing thoughts:

I enjoy reading, listening to classical music and watching sport on TV. I used to play top bowls & was selected to play for SA. I also played golf, tennis & competitive bridge. My happy place was the home Michael built for us in Knysna. We lived there for 22 years & the house was large enough for the whole family when they came to visit. It was a very happy time in my life. I am a Christian & enjoy attending the Elphin chapel service on Thursdays. I am very thankful for the life I've had and the good health I have enjoyed.

### SIPHOKAZI MZANA: CARE WORKER WOODLANDS

I was born into a Xhosa-speaking family in 1990 in Springs. I have a twin sister, Nosipo. We went to school in Daveyton & were well-loved even though we were so naughty together. Although we were constantly late for school, they would always wait for us to arrive before locking the gates! I had a very happy childhood & enjoyed school, especially accounting. Every Friday night, my dad would take us out to our favourite restaurant for fish & chips. After matric, I did a gap year, then got my first job at a printing shop, taking orders for invitations & gift cards. In 2017, I



did care worker training and in 2018, I was hired by Rand Aid as relief staff. In 2019, I became permanent staff. I have 2 beautiful children: Gugulethu (10), who

loves to sing & read, & my baby, Iminathi who is 1½ years old & loves to sing, dance & eat! My younger sister, Siphesihle (who is studying law), my twin Nosipo & I like to take the kids to a shopping mall where they will play games & then we might go eat at Wimpy or go to movies.

#### Passing thoughts:

My happy place is when my whole family gathers in King Williams Town in the Eastern Cape. My brothers will slaughter a sheep or cow and my older sisters will cook a big celebratory meal. I am thankful for the life God has given me & that he gave me a wonderful Dad, who sadly passed away recently. Dad taught us how to be humble & respectful & even though he spoilt us a bit, he encouraged us to be independent. He was such a special father & we miss him so much.

### BERENICE JAWITZ: WOODLANDS RESIDENT

I was born in 1937 in Pretoria. My ancestry is Russian from my father's side, and English from my mother's side. I had a happy upbringing. We were brought up in the Jewish faith & were very close as a family. Friday night dinner & lighting the candles was important to us. After matric, I went to secretarial college & then got my first job doing office work. I met my husband, Clive, when I was on holiday in KZN & he was staying at the same resort. We eventually got married & set up our family home in Highlands North, JHB. We had 2 children, Marc (USA) & Kim (JHB). We did a lot of travelling. Every year we would travel



to the USA to meet up with my son Marc, and then go touring around the country. My best holidays were the wonderful ship cruises that we took in America. I

also enjoyed visiting England & Spain. It is such a joy when I can be with my family. I get my strength & happiness from my children & my 3 beautiful grandchildren; I am so proud of them all.

#### Passing thoughts:

I like light classical music & reading. I like painting, crocheting & arts and crafts. I have always had a garden & love flowers. My whole family are all mad about animals. I have always been a social person & loved making tea dates, entertaining at home, playing Kalooki (cards) or chatting with my friends while knitting or crocheting. I am very satisfied & contented with the life I've had with my wonderful husband (we were married for 63 years) & grateful for the opportunity to remain close to my children & grandchildren. It really doesn't matter what we do, just so long as we are together.

## Birthdays

### RESIDENTS

05 September...Josephine Kew RL1 (91)  
07 September...Heather Zipp RL3 (88)  
08 September...Irene Watson RL1 (101)  
08 September...Joy Smith RL2 (90)  
11 September...Elizabeth Trinder LS (92)  
16 September...Catherine Basterfield LS (97)  
16 September...Mariana Duvenhage RL1 (83)  
18 September...Ivor Cohen LS (82)  
18 September...Nanna Roberts RL3 (85)  
21 September...Joan Gelman CP (87)  
23 September...Joan Mullan RL1 (91)  
25 September...Christine Kincaid-Smith RL3 (80)  
26 September...Mona Knodell RL2 (97)  
26 September...Bruce Richardson RL2 (75)  
27 September...Maria Macedo RL2 (86)  
28 September...Esme Joubert RL1 (85)  
30 September...Maureen Morrow RL1 (90)

### STAFF

02 September.....Masegata Mamabolo  
06 September.....Ntombikhona Maphasa  
07 September.....Lusani Mabulele  
09 September.....Amanda Ndlovu  
11 September.....Lungile Mhlongo  
13 September.....Nhlahala Mavunda  
14 September.....Siyakubonga Nazo  
14 September.....Iris Radebe  
17 September.....Nomizana Pili  
17 September.....Thivhlonali Rananga  
20 September.....Nikiwe Thengwayo  
21 September.....Gloria Bengu  
22 September.....Refilwe Ratema  
23 September.....Matome Masalesa  
25 September.....Sedya Malatji  
25 September.....Nonstiki Ngwenya  
26 September.....Martha Tsolo  
26 September.....Carol-Ann Mckenzie  
26 September.....Mmamose Maphoso  
27 September.....Nicky Ponco  
29 September.....Lufuno Ratshilume  
30 September.....Mmathapelo Magwete

Staff members must please remember to collect their birthday chocolate from reception.

### Welcome to

Barbara Welsh.....RL3  
Magda Glibert.....RL2  
David Mtshali.....RL3



New River Lodge 1 resident Carol Beadle with Hope Siboto enjoying the Women's Week high tea.