

Ron Smith Care Centre

@ Elphin Lodge



DEC 2022/JAN 2023 No. 85

THE YEAR THAT WAS



JANUARY
The joy of everyday pleasures, such as baking



FEBRUARY
Visiting dogs warm hearts and rekindle memories



MARCH
Las Vegas lucky draws brought big smiles



APRIL - Easter: A time of love, connection and chocolate!



MAY - Celebrating our mothers, grandmothers and great grandmothers

RSCC has had a busy 2022, filled with meaningful events and activities that enabled us to foster strong connections between residents, staff and residents' loved ones. Each month brought with it a blessing. We look forward to a 2023 that is as fulfilling. We wish you all a wonderful festive season and a happy, healthy New Year.
Happy Chanukah to our Jewish residents.

JUNE and JULY - An epic mid-year as the Special Olympics practices get underway in June and the games begin in July



DECEMBER - A fun activity calendar meant no boredom or loneliness this festive season



OCTOBER
Outing to our French Café – what a treat!



JULY - The joy of giving. Making cookies on Mandela Day for a youth centre



NOVEMBER - The beautiful area by the dam: Perfect for our summer picnic



SEPTEMBER
Celebrating our heritage and the arrival of spring!



AUGUST - The joy of high tea and dancing during Women's Month



November and December were filled with Christmas-themed activities: Baking and decorating gingerbread houses and cookies; Christmas arts and crafts; making ornaments and decorations; Christmas Carols sing-a-long and music, Christmas high tea, Christmas games, movies, quizzes and word searches.





Get to know me

EMILIA OLIVEIRA: RIVER LODGE 3 RESIDENT

I was born on Valentine's Day, 1934, in the village of Pardelhas in Portugal. We kept cows, pigs & chickens & also grew vegetables, olives & grapes (producing our own olive oil & wine). I had to get up early to tend to the crops & feed the animals before school and had to work in the fields after school too. José Augusto Castro, my future husband, lived down the road. He was a hardworking man who came from a well-known family who owned their own business. We married in 1958. Europe was in an economic depression after WW2, so we emigrated to Moçambique, seeking a better life. I have fond memories of Lourenço Marques (now Maputo).



It was a happy, vibrant place to live. In 1963, we emigrated to SA, seeking better job opportunities for my husband, who was a boilermaker. We first lived in Nigel

& Germiston, then finally settled in Boksburg in 1968. My husband & I were married for 43 years until his death in 2001. I have 4 lovely daughters: Maria (UK), Julia (Boksburg), Rosa (JHB) & Silvia (Australia); 6 grand children & 3 great grandsons (Scotland).

Passing thoughts:

My daughter, Rosa, describes me as a friendly person who loves people. I am a staunch believer in the Roman Catholic faith & loved attending mass and reading my Bible. I also enjoy Fados (a genre of Portuguese music). I have always wanted to help the less fortunate. I would give food to anyone who asked & liked to cook a meal for the gardener & domestic helpers. I also liked to prepare coffee & toast for the milkmen & refuse removal workers, especially in winter. Silvia says that food is my love language and gardens and church are my happy place!

MOSES MOLOMO: CARE WORKER, RIVER LODGE 3

I was born in December, 1979, and grew up in Pietersburg. After my father passed away, my mother struggled financially, so I left school & moved to JHB to look for work. My first job was as a gardener in Rivonia. I then trained & worked as a baker for Alex SuperSpar. After 9 years, I was retrenched but then found a job with Sandringham Spar. In 2017, I was hired by Rand Aid to work in housekeeping at RSCC. When I was on River Lodge 3, I was surprised to see that there were some residents who could not feed themselves. So, I decided to go help them at tea or lunch time.



Nursing management then suggested I do care worker training. I qualified in 2020 & am very happy to be looking after the residents on River Lodge 3, who need extra

love, care & attention.

I have been married to Getrude for 4 years. We had our traditional wedding in Pietersburg in 2017 and live in Alex with our 3 daughters: Lydia (19), Lala (15), and our beautiful baby, Queen (1½).

Passing thoughts:

When I am off duty, I like to wake up early and go for a relaxing walk. I also love to spend time with my family. For a special treat, we will go to our favourite restaurant, Mimmos, in Sandton. Other times, we like to go to the zoo or have fun in the park. My happy place is when I can contribute to improving life in the Alex community, by helping with building & repair work. I have a wise uncle who taught me that it is important to cherish your family and together, to make decisions & solve any problems that come your way.

ANSIE OBERHOLZER: RIVER LODGE 3 RESIDENT

I was born in May, 1947, in Boksburg - the 6th of 7 children. My father passed away when I was 8, so I had to leave school after Std 8 to help support my family. There was no money for university & I have always wished that I had the opportunity to study. I would have loved to be a teacher. When I got a job working in the office for the railway, I met my future husband, Eric. He eventually became a manager at Transnet. We were married in 1969 & set up our home in Van Dyk Park, Boksburg, where we raised our family and lived for 48 years until my husband's death in 2017. Eric was highly intelligent and could do anything



but the thing I most loved about him was his kind and caring heart. I have 4 children: Erich, Riaan, Anandi & Johan and 7 grandchildren. Over the years, I have

owned a second-hand goods shop, taught microwave cooking classes and worked at SANCA, educating students about the dangers of drugs. But my proudest achievement was when I was asked to run the coffee shop at Linmed Hospital.

Passing thoughts:

My faith is important to me. I was involved in the church & enjoyed singing & helping where I could. My daughter Anandi says, "Mom has a bubbly personality, loves socialising & is a big joker! She is very compassionate & willing to help anyone & everyone." I loved baking & used to sell my cakes. I loved gardening, cooking & sewing. My happy place is a beach holiday with my family. I remember my mother with such love & admiration. She raised 7 children on her own after my father passed away and taught me to be humble, hardworking and to trust in God.

Birthdays

RESIDENTS

16 January	Erzebet Tamasi LS (88)
19 January	Beryl O'Donnell WL (93)
20 January	Joan Symons LS (80)
21 January	Ria Milburn WL (79)
22 January	Pamela Talbot RL2 (83)
23 January	Bela Nadori RL3 (92)
26 January	Molly Matroos LS (51)
27 January	Graziella Verster RL3 (81)
28 January	Dorothy Brokensha CP (102)
28 January	Ugo Gaiti RL2 (93)
29 January	Trudi Thijs RL2 (91)

STAFF

01 January	Lucy Kgafela
01 January	Matevhu Nethononda
03 January	Rose Lebjeane
03 January	Makau Nkadimeng
04 January	Rudzani Nengudza
06 January	Helen Petrie
09 January	Lucia Nkuna
12 January	Silungile Dube
15 January	Madikana Matshaba
21 January	Pulane Malatji
22 January	Tshepo Malatjie
25 January	Laurentia Jooste
29 January	Vuyokazi Mkhwambi



Staff members must please remember to collect their birthday chocolate from reception.

Fondly remembered

Shulamith Smith - WL
Gwen M'Crystal - RL2
Margaret Richardson - LS
Maureen Grimley - RL2
Henriette Oosthuizen - WL

Welcome to

Pamela Talbot - RL2, Ann Mackinnon - RL2



A PICNIC AT THE DAM was recently enjoyed by residents, who were served ice cream cones and fruit salad (melons, kiwi, strawberries, nectarines, apples, pawpaw, bananas, gooseberries and blackberries). Everyone enjoyed the beautiful outdoor setting. Pictured is smiling Ellessen Motloutsi.