

Ron Smith Care Centre @ Elphin Lodge



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RSCC jets off to Germany!

German food, culture and dancing were an absolute hit at Rand Aid's Ron Smith Care Centre's armchair travel adventure on 17 and 24 March, when residents were 'transported' to Germany!

Lively oompah band music greeted residents in the recreation centre, which was decorated in the colours of the German flag. They enjoyed their kinderpunsch welcome drink – a traditional non-alcoholic German-mulled hot drink made with hibiscus tea, fruit juices, honey, cinnamon, cloves and star anise, and garnished with an orange slice – and got to taste various German sausages, including bratwurst, knockwurst and chicken.

Residents also enjoyed watching a video about the most scenic places to visit in Bavaria; learnt how to speak a few German words; took part in a quiz which tested their knowledge of people, places and things that Germany is renowned for, including food, drinks, cars, sports stars, science, movies and politics; and took part in a lucky draw.

The event was rounded off with tea, coffee and delicious apfelstrudel with ice cream, followed by dancing the polka and waltz, much to the residents' delight.



Get to know me

PEARL PORTER: WOODLANDS RESIDENT

I was born in Cape Town on 31 October 1932, the middle child of three. My father passed away when I was only one. My mother re-married & we moved to JHB, where I grew up and went to school.

My stepfather worked for Eskom & we lived on one of the Eskom properties. It was a wonderful life.

I attended Germiston Convent School & then went to Secretarial College. Throughout school, I wasn't brilliant at anything, but I loved tennis. I competed in the Southern Transvaal Tennis Championships.



In the finals, I got trounced by a girl from Germiston High School.

I married Jimmy Smith and we had

3 children, Stephanie (JHB), Peter (JHB) & Karen (Australia). Jimmy died in a tragic accident when he was 35. I eventually met & married Tom Porter. He was a wonderful, kind & gentle soul and an amazing stepfather to my children. We were married for 30 years, until his death in 2013. I have 4 beautiful grandchildren and 6 great-grandchildren.

Passing thoughts:

My mother was a professional pianist who played in orchestras and I loved singing. I recorded several songs which were made into a record! I have always been a bit of a chocoholic. I'm happiest when I am with my children, grandchildren & great-grandchildren.

BUSI NXUMALO: WOODLANDS CAREWORKER

I was born on 18 March 1982 into a Zulu family & had a happy childhood. I grew up in Alex amongst people of different cultures & spoke their languages, ate their food and learnt about their beliefs & customs.

My dad was a manager at BMW & mom worked as a receptionist. I was very close to my older brother, Bruce. We did everything together. Sadly, he passed away at 42 & I still miss him. I loved school and did well. I studied bookkeeping at Boston College



& qualified as an accountant through UNISA. I worked for several tech companies & Standard Bank, before going for

care worker training. In 2018, I joined Rand Aid where I am fulfilling my passion for working with the elderly.

Passing thoughts:

I am a real foodie! I love watching the food channel, trying new recipes, tasting new foods & cooking wonderful meals. I relax by listening to music & watching TV. I am interested in criminology & world events. I always thought it would be great to be an undercover cop! I enjoy hiking & playing tennis and dream of travelling & exploring Africa. My faith keeps me sane – I find inner peace sitting in church, but my happy place is my bedroom.

IRVINE SINNETT: WOODLANDS RESIDENT

I was born on 20 August 1933 in JHB, the last born of 3 children. I attended school in JHB's southern suburbs up to Standard 8 and left to get an apprenticeship as an artisan. I regretted not finishing school, although I was proud to be selected as captain of the football team and was part of the U16 and U18 Southern Transvaal soccer teams.

I couldn't find an apprenticeship so went to work in a British factory & then the costing department at a factory in Industria. I worked for



Castle Breweries in cost accounting and then at Scaw Metals for 24 years, until retiring at 62. I married Joy in

1955 and we were married for 52 wonderful years, until her death in 2007. We had 3 children, Graham, Michael & Sybil. I have 9 grandchildren & 11 great-grandchildren.

Passing thoughts:

I have fond memories of bush holidays at Kruger National Park. I enjoyed wildlife photography & relaxing by the fire at night, with a nice glass of dry white wine or whiskey. I also loved holidays by the sea, especially gathering the whole family together in Ramsgate for Christmas. It makes me so happy to think of these wonderful times and all the fun we had. My Anglican faith is important to me.

Birthdays

RESIDENTS

03 April Myra Serebro RL2 (87)
11 April Maria Da Silva WL (85)
12 April Esme Frenkel RL1 (94)
14 April Sylvia Lasarow LS (95)
16 April Joan Boule WL (89)
16 April Malcolm Shalekoff RL3 (83)
17 April Ellen Quinn LS (100)
21 April Lorraine Lowdon RL1 (83)
22 April Patricia Duncan RL3 (85)
23 April Elaine Cohen WL (94)
24 April Suzanne Bohmke RL2 (85)
27 April Basil James RL2 (89)

STAFF

02 April Zanele Luwalala
04 April Moferefere Maleka
04 April Machuene Kgatla
04 April Mokgadi Makwaeba
05 April Nelly Motshoene
05 April Pascaline Kamela
06 April Vulani Nkuna
06 April Phyllis Ntimana
07 April Samke Khuzwayo
09 April Dikeledi Molepo
17 April Nonhlanhla Mabuza
18 April Raphahle Tema
27 April Ethel Matlala
27 April Thembisile Mthembu
28 April Mapula Matshaba
28 April Matshidiso Mfeka
29 April Notemba Mapekula

Fondly remembered

Graziella Verster - RL1
Johanna Jennings - RL2

Welcome to

Fred Shaw - RL1
Simon Segal - CP
Bertha Segal - CP

Well done Nomsa and Amanda!



Nomsa and Amanda with Rand Aid's senior nursing manager Avril Maltman.

Congratulations to RSCC housekeepers Nomsa Shabangu and Amanda Ndlovu from River Lodge 1, who were awarded in February for their commitment and enthusiasm in practising The Eden Alternative philosophy, which revolutionises the way in which Elders are cared for.