### **Ron Smith Care Centre** @ Elphin Lodge (AND AID ALTERNATIVE OCT 2023 No. 94

Bumper 4-page heritage and spring

edition

The Ron Smith Care Centre community gathered outdoors in their numbers to celebrate Heritage Month and the beginning of spring on Friday, 22 September. The beautiful Woodlands garden and recreational area were awash with the vibrant colours of flags from around the globe - to represent all residents' heritages. Residents and staff were beautifully attired in traditional dress or flowery outfits. DJ Frans van Aswegan and singer Shams Muller and the Rodeo Girls (Lientjie and Christine) kept everyone entertained and residents and staff were inspired to move to the lively beat. The staff proudly showcased their cultural dances and a few dances from other genres. The entertainment was followed by a delicious South African braai, which included chicken, pap tart, Greek salad, and pumpkin fritters nicely finished off with a peppermint crisp tart.

## **Colourful spring**

Highlights from the 22 September Heritage Month and spring celebration enjoyed by residents and staff members:

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The ladies were offered a flower crown, while the gentlemen were given a SA flag headband to wear.

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Soft rock, country and western, Afrikaans and popular songs from the 60s, 70s, and 80s were on the playlist and created a festive vibe.

The Rodeo Girls taught the staff a few fun line dances and danced with some of the residents.

The staff, representing SA's rainbow nation, danced to *Waka Waka, Achy Breaky Heart, Jerusalema* and *Vulindlela*.

Their message was:

. . . . . . . .

We are a rainbow nation We are noisy; we are colourful; we are bright We are proudly South African!

Comments on WhatsApp family groups:

■ My mum had the best time! Thanks so much to everyone who made this time so special!

This is incredible, thank you to all involved. It just lifted my heart to giant big smiles!

Amazing and so appreciated. You went to so much trouble. Thank you!

What a fabulous event! Well done to all involved and thank you for making it so festive for the residents.





# heritage celebration





## Birthdays

#### RESIDENTS

01 October 04 October 04 October 06 October 06 October 11 October 15 October 17 October 20 October 23 October 25 October 25 October 25 October 27 October 30 October 30 October 31 October

**STAFF** 

02 October 03 October 03 October 03 October

05 October 06 October

07 October

08 October

08 October 09 October

10 October 10 October

13 October

13 October

13 October

20 October

22 October

24 October

26 October

26 October

28 October

28 October

29 October

29 October

Maria Dal Lago RL2 (98) Schalk Grobler RL3 (85) Cecily Ryder WL (94) Dorothea Ferri WL (94) Walter Serebro RL2 (86) Isobel Peddie LS (95) David Scott RL3 (80) Megan Weeks LS (93) Barbara Welsh RL3 (86) James Wight CP (81) Joyce Royal CP (95) Brian Russell WL (95) Myra Forfar RL1 (79) Vernon Mitchell RL3 (83) Rieter Sandler WL (92) Taffy Thompson RL2 (91) Pearl Porter WL (91)

Ivonne Mogoru Lindiwe Hlophe Mapula Morudi Marle Eloff Lehlogonolo Manaka Leanie Bessinger Phindile Radebe Siziwe Manyamalala Nomagugu Ncube Nontobeka Mdolo Etrinah Ndlovu Raisibe Ledwaba Kedisaletse Maodi Esmeralda Rusike Elliot Masina Sihle Mashai Raesibe Bodila Prudence Mokoena Motsebore Sehlola **Debbie Beech** Fulufhelo Mukwevho Obuiseng Sekia Emily Tshabalala Mamoipone Maluka

Staff members must please remember to collect their birthday chocolates from reception.

### Fondly remembered

Mariana Duvenage RL1 Irene Droste RL3

Welcome to... Ruth Cole WL Anne Raats LS

Myra Forfar RL1 Irene Simon CP

