

# Ron Smith Care Centre

## @ Elphin Lodge



July 2024 No. 102



## Father's Day fun



The gentlemen from all six wings of RSCC celebrated Father's Day on June 11 by playing the Italian bowling game bocce ball, tucking into biltong and other savoury snacks, and cracking open non-alcoholic beer. The competition was fierce but also lots of fun. The residents had a great time and really seemed to enjoy being in the company of their male neighbours. Woodlands resident Irvine Sinnett thanked the Recreation team who hosted the event, and expressed his sincere appreciation for a very enjoyable afternoon.



**RIVER LODGE 1 RESIDENT: ELIZABETH MARSHALL**

I was born in 1946 in Carrickfergus, Northern Ireland. I had a very happy childhood, growing up on my family's dairy & sheep farm. It was a simple, wholesome life. I attended a little country school, which I loved. After matric, I studied nursing in Belfast, at the Royal Victoria Hospital, and became a registered nurse. This was the 60s & 70s – a scary time of civil unrest due to conflict between North & South Ireland. We had soldiers on the hospital roof and bullets flying through the windows! We had to deal with serious gunshot and other wounds. I moved to another academic hospi-

tal & taught midwives while furthering my studies in maternity at Queens University. It was there that I met my dear husband, Maynard, who was studying electrical engineering. We married in 1972 and had 2 children: Pamela & Steven, who both live in Australia with their spouses & my 3 grandchildren. Maynard & I were married for 50 years until his death last March. I am thankful for the memories of our happy marriage & for my beautiful family. My greatest heartache is the loss of my husband & not having my children & grandchildren around me. I so long to see them again.



FAVOURITES

**Working with people** | Being able to help & care for others | **Opportunities for church fellowship & to develop good friendships** | A chat over tea with friends | My nursing friends from Ireland | **Going out to eat with friends** | Memories of fun, adventurous trips & outings with the family | **Past trips to Ireland to visit with family & friends** | Bush holidays & being in nature | **Mac cheese & lasagne** | Piano music | **Roses, daffodils & tulips** | Farm animals | **Christmas lunch** | My committed Christian faith

**RIVER LODGE 1 RESIDENT: IRVING AREMBAND**

I was born in 1942 in JHB. Both my father, who was from Lithuania, and my mother, who was from Germany, had to flee their respective countries to escape the persecution of Jews by Nazi Germany. They met each other after arriving in JHB as foreign Jewish refugees and married soon after that. My younger brother and I lived with our parents in Hillbrow. I didn't have a happy childhood, as life was difficult living under poor conditions as refugees. Nevertheless, I attended Athlone Boys High in Bez Valley and did very well academically. Mathematics was my forté. I was fortunate to be able to absorb and understand my teach-

ers/lecturers almost immediately. After matric, I studied at Wits University & obtained a BSc degree in Mathematics & Statistics, whereafter I ended up working for the Anglo-American Insurance Company for the next several decades as an actuarial consultant. My wife-to-be, Hazel, worked at the same company, and we were married in 1974 until our divorce. We had 2 sons: Gary (JHB) who is well known in the property management industry, and Dorran (UK) who works in the field of psychology. I have 3 grandchildren. My family are busy people & I see them infrequently, but I do enjoy their company when they visit.



FAVOURITES

News from around the world; I am particularly impressed with Al Jazeera News (unbiased, fact-based coverage) | **Keeping my brain active** | While I enjoy my own company, I have found a good friend in Gavin Brister, who calls me 'Cowboy', probably because I always wear a hat | **Morning and afternoon walks to keep mobile and strong** | Sports on TV | **Action movies** | Spaghetti Napolitan & mac cheese | **Memories of seaside holidays when the children were young** | I am thankful that I am still mentally & physically active

**RL1 HOUSEKEEPING: MERRIAM MOTAUNG**

I was born in 1985 in Schweizer-Reneke, North West. My granny & aunty looked after us, as my parents worked in JHB. My childhood wasn't much fun as my aunty was very strict. We had to wake up at 3am to take a 3-hour, 10km walk to school - and then walk home again. I enjoyed school but left in Gr 10 to have my first child, Jabulani, who is now 21. Unfortunately, my family did not have the funds for me to complete my high school education, but my aunty taught me all the domestic skills I would need. In 2005, Jabu & I moved to JHB to live with my mom. I held several jobs, including at a

crèche, as a private child minder, & at Pick n Pay. While shopping one day, this young man, Stanley, pushed his trolley straight up to me & started chatting. Two weeks later, we were in the queue at KFC & he offered to pay for my food. We exchanged numbers & have now been together for 15 years & have 5 children: Miranda (14); Katlego (12); Amogelang (4); Nelly (3); Francina (1). Stanley loves his kids and looks after them well when I work on weekends. My big news is that after 6 months as a relief domestic worker, I have become a permanent staff member on River Lodge 1. I now want to train as a careworker.



FAVOURITES

**Blue & yellow** | R&B | **Pap with milk** | Ultramel custard | **My cat Garfield & my dog Bella** | Spring cleaning | **Cooking (pap, chicken & tomato gravy)** | Watching Nigerian movies | **One of my best memories is when I saw how happy my mom was, when I gave her a 60th birthday party** | My proudest achievement was building a 10-room facebrick house in Schweizer-Reneke for my mother & children. It took me 5 years to complete, but I did it | **My dream is to buy a house in Southgate & live together as a family**

**RESIDENTS**

01 July	Michael O'Toole (WL)	85
08 July	John Cox (RL3)	86
08 July	Karen Mitchell (CP)	77
10 July	Gavin Brister (RL2)	72
12 July	Barbara Tasker (RL3)	77
13 July	Neville Branthwaite (RL2)	87
14 July	Irving Aremband (RL1)	82
17 July	Florence Ramsay (RL1)	84
17 July	Willem Meyer (RL2)	93
19 July	Douglas Morgan (RL3)	80
24 July	Evelyn Krupke (RL3)	64
29 July	Michael Papageorgiou (CP)	94
30 July	Dawn Smith (LS)	86

**STAFF**

05 July	Khodani Khuthe
09 July	Mokgaetji Mashaba
16 July	Lilly Mathebula
18 July	Nkone Bonoko
23 July	Meltah Molefe
27 July	Lebo Matloga

Staff members must please remember to collect their birthday chocolate from reception.

**Fondly remembered**

Lorraine Lowdon, RL1	Argentina Smith, WL
Gordon Capper, LS	Pieter vd Neut, RL3
Myra Serebro, RL2	

**Welcome to**

Pamela Mills, LS	Maria Longley, CP
Grace Lissoni, LS	Stella Granville, RL3

**May's marvellous cleaning team**

The RSCC is looking stunning at the moment.

Sr Leanie Bessinger is so impressed with all the housekeeping staff on all the wings, but she decided to give the Best Housekeeping Award for May to Neliswa Khoza and Amanda Ndlovu because Lakeside is shining.

She doesn't have to give them instructions or ask them to clean certain areas or items - they use their own initiative and just get the job done.

Sr Leanie can find no fault on Lakeside. They can be very proud of themselves, she says.



Neliswa Khoza, Leanie Bessinger, and Amanda Ndlovu.