

# THEMBALAMI & MODA CARE CENTRE



Place of hope

MARCH 2025

## Roy brings cheer to birthday bash



*Kesaletene Mphaga, sporting her 'birthday hat' celebrated her 82nd birthday on 20 February.*

Pastor Roy Edwards once again brought joy and laughter to the residents of Thembalami Care Centre and Max Ordman Deaf Association (MODA) at their birthday celebration on 19 February.

Five residents marked their special day this month, with the eldest, Alexander Hayes, turning an impressive 90 years old on February 28.

Cecielia Rottcher (66) was the youngest birthday honoree on the other end of the celebration. The festivities overjoyed a MODA resident, Cecielia – so much so that staff and fellow residents couldn't help but sing for her at every turn!

It was a special occasion filled with music, laughter and heartwarming moments, proving that birthdays are meant to be celebrated – no matter your age.



*ABOVE, LEFT: It was all smiles from Donald Cochrane.*



*ABOVE, RIGHT: Jennifer Becker took to the dance floor with Doreen Moya.*



*Max Ordman Deaf Association resident Cecielia Rottcher loved the birthday celebration.*

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The Rand Aid Way

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## MARCH BIRTHDAYS

### Residents:

01 - Terence Green	(87)
04 - Jo-Anne Weyermans-Noble	(81)
09 - Maureen Ruckebier	(73)
10 - Sydelle Ball	(85)
12 - Lynn Cowin	(77)
12 - Lodewyk Murray	(67)
14 - Isabelle Keylock	(97)
15 - Patricia Maki	(85)
18 - Stewart Brown	(66)
26 - Ros Cronin	(80)
26 - Shaun White	(69)

### Staff:

03 - Thelma Simelane
03 - Asiene Makhado
04 - Meriam Tshikonwane
06 - Dorothy Mogadima
18 - Patricia Okpe
20 - Jane Mogwale
30 - Elize Raath

### FONDLY REMEMBERED:

Averil de la Rey  
Margaret McCartney

### WELCOME TO:

Vernon Mitchell  
Mavis Knight

## DONATIONS

We would appreciate any donations or fundraising ideas. Should you wish to chat with Thembalami's manager Esme van der Walt about your ideas, contact her at:

Email: [evanderwalt@randaid.co.za](mailto:evanderwalt@randaid.co.za)  
Phone: 010 534 8771

**LEAVE A LEGACY** of compassion and hope by including us in your will, ensuring continued care for those in need.

Should you wish to make a once-off or regular donation, see details below:

### MODA

Standard Bank  
Account no: 420279571  
Branch code: 051001  
Ref number: MODA Supts Fund

**Thembalami Care Centre**  
c/o Rand Aid Association  
Standard Bank, Greenstone  
Branch code: 051001  
Acc no: 001788701  
Ref number: TH Supts Fund

*More photos of our events can be found on the Rand Aid website and Facebook page*



# HEARTS

*Be present . Be focused . Be pumping*

## Cheers to The Rand Aid Way

Rand Aid Association has officially launched 'The Rand Aid Way', the initiative that was reported on during the second half of 2024.

This campaign extends the relationship-orientated focus and culture that Rand Aid is hopeful will become part of life at all Rand Aid villages and care centres, focusing on creating vibrant and fulfilling environments where residents thrive.

'The Rand Aid Way' emphasises prioritising strong relationships, supporting individual development and empowering residents to actively participate in their community. These core values will shape interactions between staff and residents, fostering a more caring and supportive atmosphere.

Launch events were held at Elphin Lodge and Thornhill Manor retirement villages, as well as Thembalami Care Centre and SANCA Wedge Gardens treatment centre on February 10 and 13.

Leading up to the launches, colourful hearts were displayed at Rand Aid Association villages and care centres, accompanied by teasers in weekly newsletters and on notice boards, prompting residents to 'come find out why there are coloured hearts all around Rand Aid'.

### Pledges signed

At each launch, residents and staff were invited to consider and, if comfortable, sign a HEARTS Pledge, committing to the principles of 'The Rand Aid Way'. Parts of the pledge reads:

"We, as staff and residents of this community, come together to embrace the principles of the Rand Aid Way and commit to creating a compassionate, supportive and enriching environment through

our HEARTS. By embodying these principles, we commit to building a community that enriches lives, uplifts spirits and promotes well-being.

"I will be an active member of the community where everyone feels valued and empowered. By signing this pledge, I aim to embody and live and work by these principles."

**HEARTS** is an acronym representing the core values of the initiative:

H – Honesty and humility

E – Empathy, encouragement and equality

A – Accountability and assistance

R – Respect

T – Trust, teamwork and transparency

S – Safe space, support, self-worth and sensitivity.

The speaker at the events was Willem Myburgh, a Geratec care mentor. After the event, he said it was an 'honour to be part of Rand Aid's continuing journey of growth and improving the lives of elders, which started 13 years ago'.

"The launch of 'The Rand Aid Way' signifies our ongoing commitment to providing exceptional care and fostering a strong sense of community for all its residents," says Rand Aid CEO Gert Coetzee.

For those who were unable to attend and would still like to commit, a copy of the HEARTS Pledge is available at the respective offices.

Exciting information-sharing sessions are in the pipeline that will explain more about this journey Rand Aid has embarked on.



*The presentation at Thembalami Care Centre, with Ayanda Matthews, Rand Aid's general manager of care & HR, observing the process.*





*Ben and Thelma Matthee.*



*Coenraad Steenkamer (right) with his daughter and son-in-law Michelle and Rob Horowitz.*

## Loved ones' bonds strengthened at family day

Thembalami Care Centre and the Max Ordman Deaf Association marked their family day in grand style on 22 February.

According to the care centre's deputy manager, Elize Raath, many families attended and indulged in delicious treats, including cake, tea, hamburgers and chips that were available for purchase.

Adding to the festive atmosphere, Ian Nel serenaded the crowd with his guitar, while Berenice Crause played the keyboard.

"The families enjoyed the background music as they played beautiful pieces, creating a warm and welcoming ambience," says Elize. "Everyone had a wonderful time spending the day together," she adds.



*Errol and Merle Townsend, Tsakani Shihlomule, Elize Raath and Jane Mogwale pose for a photo during the Valentine's celebration.*



*Edward and Heather Abrams enjoying the Valentine's spirit.*



*Berenice Crause and Ian Nel make musical magic.*

### Movie magic: A sweet Valentine's celebration

Love was in the air at Thembalami Care Centre and Max Ordman Deaf Association as residents kicked back for a Valentine's Day movie, complete with delicious popcorn!

After the film, they indulged in scrumptious muffins and refreshing juice – because what's a celebration without a little sweetness?

The cherry on top? A magical musical performance by Ian Nel and Berenice Crause had everyone smiling.

It was a day full of love, laughter and unforgettable moments!



*Rina Meyers enjoys her meal.*