

THEMBALAMI & MODA

CARE CENTRE



Place of hope

JULY 2025



Father figures *celebrated*

A little delay didn't stop the joy and appreciation from shining through as fathers and father figures were celebrated in style on Friday, June 4, at Thembalami Care Centre and the Max Ordman Deaf Association (MODA).

The belated Father's Day was filled with laughter and even some singing.

Held in a relaxed and welcoming atmosphere, the event honoured all the father figures among the residents, creating space not only for fun but also for emotional connection. Light-hearted games like word search and spot-the-difference set the tone for the day, while a deeply meaningful group activity called the Wool Connection brought residents closer in an unexpected way.

Using a simple ball of wool, the activity encouraged participants to sit around a table and share something about themselves, be it a hobby, a place they had lived, or a cherished memory. When someone related to what was shared, the wool was tossed to them, while the first person held onto their strand. As the yarn passed from hand to hand, a web formed, symbolising the many ways in which residents are connected. The exercise sparked conversation, stimulated memory and helped foster a sense of belonging, which is especially important for older persons.

Afterwards, everyone enjoyed a delicious lunch of braai meat, bread rolls, chakalaka, and salad. With music playing in the background and conversation flowing freely, the day was a beautiful celebration of fatherhood and friendship.



TOP LEFT: Thembalami deputy manager Elize Raath laughs with residents.

TOP RIGHT: Thembalami manager Esme van der Walt and OT assistant Shirley Sibeko with residents.

ABOVE LEFT: MODA residents Hansie Griessel and Pieter van der Westhuizen.

ABOVE RIGHT: Tommy Woest and Julius Koen.

LEFT: Barry Waldeck and Pieter van der Westhuizen (MODA).

BELOW LEFT: Shaun White from MODA.

BELOW: Blaise September, Donald Cochrane and Philippe Michialidis-Coutoupes.



**NURSES' DAY
CELEBRATED**

2

**TEN-PIN FUN
FOR MODA**

3

**WAYNE GETS
FEET TAPPING**

3

JULY BIRTHDAYS

Residents:

3rd	Joyce Dawsons	85
5th	Johannes Naude	86
6th	Lidia Elliott	77
15th	Lisbeth Mokoena	70
24th	Allan Wasserfall	74
30th	Julius Koen	78

Staff:

3rd	Mosely Nemusunda
8th	Fikile Mbatha
14th	Aletta Mnisi
19th	Peggy Kupa
22nd	Neo Maleka
22nd	Agreement Khosa
27th	Violet Ngobeni

WELCOME TO:

Peter Faugust

REST IN PEACE:

Caroline Schneider
Hilda Pienaar

DONATIONS

We would appreciate any donations or fundraising ideas. Should you wish to chat with Thembalami's manager Esme van der Walt about your ideas, contact her at:

Email: evanderwalt@randaid.co.za

Phone: 010 534 8771

LEAVE A LEGACY of compassion and hope by including us in your will, ensuring continued care for those in need.

Should you wish to make a once-off or regular donation, see details below:

MODA

Standard Bank
Account no: 420279571
Branch code: 051001
Reference: MODA Supts Fund

Thembalami Care Centre
c/o Rand Aid Association
Standard Bank, Greenstone
Branch code: 051001
Acc no: 001788701
Reference: TH Supts Fund

"Age is an issue of mind over matter. If you don't mind, it doesn't matter."

- Mark Twain

Nurses celebrated with candlelight and gratitude

Staff at Thembalami Care Centre and the Max Ordman Deaf Association were honoured during a heartfelt belated celebration of International Nurses Day on June 4. Read all about the celebration and see more photos on page 4.

Nurses and care workers were celebrated at Thembalami Care Centre in commemoration of International Nurses Day.



Maureen Wigoder and Regina Ratshosana.



The centre's occupational assistants made the décor.



Mary Erdis.

Pretty in pink for Mother's Day

Thembalami Care Centre and the Max Ordman Deaf Association celebrated their mothers on May 9.

The care centre's Mother's Day tea saw the dining hall decorated in pink and all female residents receive a small gift while everyone enjoyed cakes with their cuppa.

Deputy manager Elize Raath gave a word of appreciation to women and the role they play in society, and the occupational assistants were responsible for the pretty décor.

Wayne gets feet tapping at June birthday bash

Thembalami Care Centre and the Max Ordman Deaf Association (MODA) were filled with music, laughter and celebration on Tuesday, 18 June, as residents came together for their monthly birthday bash.

Six residents who celebrated their birthdays in June were honoured during the cheerful gathering. The event was made extra special by entertainer Wayne Wilmot, who performed lively dance music that got everyone on their feet.

"Residents and staff alike enjoyed dancing and singing along, creating a joyful and inclusive atmosphere," says Tsakani Shihlomule, Thembalami's occupational therapist.

The celebration ended on a sweet note with tea, coffee and delicious birthday cake shared among all. The event once again highlighted the strong sense of community and care at both Thembalami and MODA.



Wayne Wilmot.



Pieter van der Westhuizen.



The MODA team at the bowling alley.

Fun-filled bowling outing for MODA

MODA residents and occupational therapy staff enjoyed a lively outing to The Fun Company at Greenstone Mall on June 3, where laughter and friendly competition took centre stage during a game of ten-pin bowling.

Among the group was resident Lydia Elliot, who impressed with a few solid throws – but the day wasn't about scores. It was all about having fun, sharing moments and cheering each other on. After the game, everyone relaxed and recharged with a casual picnic of sandwiches, chips and snacks, rounding off an enjoyable outing.



ABOVE LEFT: Blaise September.

LEFT: Aisle Lee with her festive hat.

ABOVE: Maureen Wigoder and Thirugavelli Pillay move to the beat.

Nurses' Day: 'Ladies of the lamp' honoured

International Nurses Day is officially commemorated on May 12, Florence Nightingale's birthday.

The delayed celebration at Thembalami Care Centre and the Max Ordman Deaf Association didn't dampen the spirit of appreciation as the nursing staff and care workers were all recognised for their dedication and compassion.

Each staff member received a thoughtful gift bag as a token of gratitude. The generous donations from Netcare, which provided T-shirts, and Avbob, which contributed pens and sweet treats, were warmly received.

Thembalami's management also contributed small gifts to round off the surprise, while tea and cake made for a celebratory close.

The programme included the lighting of a symbolic candle, representing Florence Nightingale, the iconic 'Lady with the Lamp', who brought comfort and care to injured soldiers by lamplight during the Crimean War.

"The candlelight ceremony paid tribute to her enduring legacy and to the spirit of care that continues to burn

brightly in today's healthcare professionals.

"In a gesture of inclusion, both nurses registered with the South African Nursing Council and care workers at Thembalami and MODA were honoured. Two pledges were read aloud – one for care workers, and another for professional nursing staff – reaffirming the values that define their profession: honesty, integrity, ethics, loyalty, compassion and trust," says Thembalami's manager, Esme van der Walt.

"As the flickering flames were passed from one to another, staff were reminded of the passion and purpose that brought them to this calling.

"My prayer today is that by saying the pledge and lighting the candles, we will once again ignite the passion and commitment in our hearts to remember why we chose this profession," she adds.

The event served not only as a celebration, but also as a recommitment to care and a poignant reminder of the difference each staff member makes in the lives of others.



LEFT: Sthembi-sile Ntshingila, Fikile Mbatha and Judith Mphela celebrating International Nurses Day.

RIGHT: Sarah Moya, Alice Thibakhoana and Judith Mphela having fun on International Nurses Day.

BELOW LEFT: The nurses' pledge is taken.

BELOW RIGHT: Patricia Okpe and Paulina Namo during the candlelighting ceremony.

