

THEMBALAMI & MODA CARE CENTRE

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Place of hope

FEB 2026

Birthday bash brings music to Thembalami Care Centre

Standing: Staff members Lydia Pitsi and Pamela Langa with entertainers Andrew Laubscher and Ilana Jooste and deputy manager Elize Raath. Seated: Birthday celebrants Bettie Nieuwoudt, Marianne Venter and Theunis de Bruin. More on page 2.



Popcorn Day celebration 'pops' with fun at Thembalami

Although National Popcorn Day is marked on January 19, Thembalami Care Centre and the Max Ordman Deaf Association delayed their celebration slightly – and on Friday, January 23, it still popped with fun.

Residents were treated to a special popcorn-and-movies day, with screenings held in different areas of the care centre. In the recreation centre, *The Full Monty* was shown for residents who enjoy a lively comedy.

Deputy manager Elize Raath, who selected the film, said it was chosen because of its humour, uplifting message and familiar soundtrack, which made it an enjoyable and easy-to-follow choice for residents.

At the Ibis memory care wing, residents watched the animated film *Pup Academy*.

Residents also received New Year gifts, including



What is a movie without popcorn? Residents at the filming of *The Full Monty*.

popcorn, chips, biscuits and cool drinks, adding to the festive atmosphere. "The residents loved the experience and have already asked for more movie days," says Elize.

FEB BIRTHDAYS

Residents:

- 06 – Shirley Vorster (88)
- 10 – Eunice de Jager (87)
- 19 – Cecilia Rottcher (67)
- 20 – Kesaletene Mphaga (83)
- 21 – Malcolm Jaros (80)
- 28 – Alexander Hayes (91)
- 28 – Elizabeth Andrews (85)

Staff:

- 02 – Hazel Shoba
- 07 – Kgaogelo Teka
- 16 – Portia Raboane
- 17 – Ivy Ngamole
- 23 – Conny Machebela
- 28 – Queen Mdewuka

WELCOME TO:

Liebe Meyer

REST IN PEACE:

- Nellie l'ons Fritz Konig
- Peter Fraser Cathy Turpin

DONATIONS

We welcome donations and fundraising ideas. To discuss your ideas with Thembalami manager Esme van der Walt, call her at 010 534 8771 or send her an email at evanderwalt@randaid.co.za

■ Leave a legacy of hope by including us in your will, supporting ongoing care for those in need. Should you wish to make a once-off or regular donation, see details below:

MODA

Standard Bank
Account no: 420279571
Branch code: 051001
Reference: MODA Supts Fund

Thembalami Care Centre

c/o Rand Aid Association
Standard Bank, Greenstone
Branch code: 051001
Acc no: 001788701
Reference: TH Supts Fund

Find new hope at Thembalami: Book a tour today

Thembalami Care Centre, meaning 'My Hope', offers a warm, welcoming environment where residents can find comfort, care and new purpose.

Accommodation is available for elders seeking full-time, 24-hour nursing care in a homely and supportive setting. We offer north-facing single and double rooms, with en-suite facilities for couples and ground-floor units opening directly onto our beautiful, landscaped gardens.

Residents enjoy a wide range of rec-

reational activities and regular outings. The centre also features a multi-sensory Snoezelen room to support relaxation and cognitive stimulation, particularly for those living with dementia.

Safety and well-being are paramount, with 24-hour nursing care, a visiting doctor on business days, a full-time social worker and secure grounds with access control and CCTV monitoring. Meals, podiatry and transport to hospitals and local shops are included.

■ Email: thembalami@randaid.co.za



Singer Ilana Jooste with celebrants Bettie Nieuwoudt, Marianne Venter and Theunis de Bruin.



Alice Jardim enjoys the event.

13 birthdays celebrated at first birthday bash of 2026

Thembalami Care Centre and the Max Ordman Deaf Association marked a joyful birthday bash on January 21, celebrating the birthdays of three residents and 10 staff members.

According to Elize Raath, the deputy manager at Thembalami Care Centre, the monthly event honours decades of life milestones. "Our youngest birthday resident this month was Theunis de Bruin, who turned 69," said Elize. "Marianne Venter celebrated her 80th, and our eldest birthday celebrant, Bettie Nieuwoudt, turned 83."

The celebrations were brought to life by sponsored entertainer Ilana Jooste, who performed alongside her cousin, Andrew Laubscher. Ilana treated residents to a selection of mostly rock songs, which proved to be a hit with the audience.

"She didn't only perform for the residents," Elize added. "Ilana also sang I'm Alive especially for our staff members, which quickly got everyone up and dancing."

Elize said the birthday bash once again lived up to its name. "The event was a success as usual and created a wonderful sense of togetherness for both residents and staff."