

# THEMBALAMI & MODA CARE CENTRE

RAND AID  
*assist. alleviate. accompany.*

*Place of hope*

MAY 2026



## Golden moments

Peggy Kupa, Kevan Harris and Errol Townsend enjoy a lively outdoor Easter celebration at Thembalami Care Centre, with games, creativity and social connection at the heart of the day. Read more on page 3.



MAY BIRTHDAYS  
CELEBRATED

2



YES! YOU CAN PLAY  
WITH YOUR FOOD!

3

## MAY BIRTHDAYS

### Residents:

02 May	Mavis Knight	87
06 May	Robyn Patmore	69
11 May	Jennifer Raath	72
12 May	Patrick Mathlelehlele	75
13 May	Audrey Sandwell	82
21 May	Johanna Waldeck	78
23 May	Willem Skinner	83
31 May	Nora Mclroy	94

### Staff:

05 May	Alice Thibakoane
06 May	Mokgere Malebane
08 May	Noluthando Thabethe
10 May	Dikeledi Fenyane
13 May	Nandipa Dambuza
24 May	Teboho Lekhoaba
25 May	Jane Mokoena
27 May	Phillimon Bobotyana

### REST IN PEACE:

Rodney Sheahan

## DONATIONS

We welcome donations and fundraising ideas. To discuss your ideas with Thembalami manager Esme van der Walt, call her at 010 534 8771 or send her an email at [evanderwalt@randaid.co.za](mailto:evanderwalt@randaid.co.za)

■ Should you wish to make a once-off or regular donation, see details below:

### MODA

Standard Bank  
Account no: 420279571  
Branch code: 051001  
Reference: MODA Supts Fund

### Thembalami Care Centre

c/o Rand Aid Association  
Standard Bank, Greenstone  
Branch code: 051001  
Acc no: 001788701  
Reference: TH Supts Fund



**Hansie Griesel.**



**Sydney le Sueur.**



**Rebecca Sithole.**



**Ilana Jooste (entertainer).**



**Themba Dladla.**

## From 67 to 95: April birthdays bring joy

The monthly birthday celebration at Thembalami Care Centre and the Max Ordman Deaf Association (MODA) took place on April 22, bringing residents and staff together for a happy and festive occasion.

Sponsored entertainer Ilana Jooste provided lively entertainment, delighting guests with her energetic rock music performances.

A total of 13 residents celebrated their birthdays in April. The eldest celebrant was Rina Meyers (MODA), who turned 95, and flew to Cape Town so she could celebrate her birthday surrounded by family and friends. The youngest resident celebrant was Themba Dladla, aged 67.

The celebration also included seven staff members marking their birthdays during the month, including Sister Rumbi, whose birthday fell on the day of the event.

Guests enjoyed tea and refreshments, with birthday celebrants wearing party hats and receiving small gifts as part of the festivities.



**ABOVE: Theunis de Bruin, Mariana Venter, Mavis Knight and Elizabeth Andrews at the birthday bash.**



**RIGHT: May 'baby' Jannette Coode wearing her birthday hat.**



**Thembalami and MODA residents at a prettily decorated table.**

## Thembalami hosts tea party for residents

Residents of Thembalami Care Centre and the Max Ordman Deaf Association (MODA) enjoyed a special afternoon of connection on April 17, as the occupational therapy department turned a standard tea party into a memorable social event.

The recreation centre was warmly decorated as residents gathered to enjoy refreshments and spend time together. The event also included riddles, adding an engaging and playful element to the afternoon.

Beyond the treats and entertainment, the gathering placed emphasis on the importance of staying socially and mentally active through meaningful participation in daily programmes.

Tsakani Shihlomule, occupational therapist at Thembalami, said the event was well received. "The tea party was a great success, with residents enjoying each other's company. Occasions like these play an important role in keeping our residents stimulated and uplifted."

# Easter activities boost well-being

On April 2, Thembalami Care Centre hosted a meaningful Easter celebration as part of its occupational therapy programme, aimed at promoting social participation, cognitive stimulation and overall well-being among residents.

The day began with a relaxed outdoor tea and cake session, creating a pleasant space for social interaction, says occupational therapist Tsakani Shihlomule. "Participants then took part in a variety of adapted activities designed to accommodate different functional abilities. These included musical chairs and a pass-the-ball game, allowing those with limited mobility to actively engage and enjoy the experience."

According to Tsakani, a highlight of the celebration was a blindfolded Easter hunt, where staff members were paired with residents and guided to find hidden Easter eggs.

"This activity fostered trust, teamwork, communication and sensory engagement."

Residents from the Ibis memory care wing also took part in a therapeutic egg-painting session, encouraging creativity, sensory stimulation and fine motor skills. The activity included a sweet twist – the eggs were made of candy and decorated with food colouring, so participants could enjoy eating their creations afterwards.

"All participants received Easter eggs, reinforcing a sense of inclusion and celebration. Overall, the event provided a holistic therapeutic experience, supporting emotional well-being, social connection and meaningful participation," says Tsakani.



**Peggy Kupa reaches for her Easter egg, with assistance from Deirdre Ethne Helling.**



**An exercise in trust... Rebecca Sithole and Tebogo Motheta.**



**Mary Erdis (with a ball), Lesley Anne Nuyten, Merle Townsend and Lydia Pitsi.**

**RIGHT: Lesley Anne Nuyten leads Thokozani Chonco in the blindfolded Easter hunt.**



**LEFT: Dotty decorations from Rebecca Sithole.**

**RIGHT: Mandy Mbatha watches as Minnie Son paints her candy egg.**

