

Ron Smith Care Centre

@ Elphin Lodge



OCT 2026 No. 228

Explosion of dance for Heritage Day

With singing, dancing, drumming and delicious braaied food, Heritage Day once again proved to be one of the highlights of the year at Ron Smith Care Centre (RSCC).

RSCC celebrated this special day on September 25, giving everyone the opportunity to celebrate our diverse cultures and show off their beautiful cultural attire. Staff and residents alike came dressed in cultural and spring-inspired outfits. Colourful necklaces and headgear were shared to ensure that everyone felt special and beautiful on the day.

The morning started with a wonderful variety of cultural dances, including isiZulu, Xitsonga and Sepedi dances performed by RSCC own staff members. Occupational therapist Karabo Matlaletsa added to the experience by sharing interesting facts and information about each of these South African cultures.

Interactive drumming

The dancing was followed by even more fun as Drum Café got everyone involved in an interactive drumming session. The drums had everyone smiling, clapping, drumming and moving along to the beat. "It was a wonderful way to engage the mind, body and emotions while bringing everyone together through music and rhythm," says Simoné Botha, the centre's occupational therapy and recreation manager.

The morning of entertainment ended with Brenda Fassie's much-loved song, *Vuli Ndlela*, giving staff members a final opportunity to entertain everyone and get the crowd moving!

After a busy morning filled with music, dancing and laughter, everyone was ready for a delicious braaied meal, generously supplied by Reef Caterers. The aroma of meat cooking over the fires had everyone hungry and eagerly awaiting lunchtime. The meal was rounded off with a truly South African favourite – a delicious peppermint crisp tart.

"Heritage Day was a wonderful celebration of culture and togetherness, reminding us that our differences are something to celebrate and that there is always something special about coming together as a community," says Simoné.



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Birthdays

RESIDENTS

04 Oct	Schalk Grobler	88
04 Oct	Cecily Ryder	97
04 Oct	Gillian Hutchinson	92
07 Oct	Magdalena Aspeling	92
09-Oct	Manfred Jacobs	89
12 Oct	Shirley Smith	91
17 Oct	Megan Weeks	96
19 Oct	Katrina Lines	96
25 Oct	Myra Forfar	82
25 Oct	Brian Russell	98
30 Oct	Hillary Stern	83
31 Oct	Pearl Porter	94

STAFF

01 Oct	Sanele Ndlovu	REC Centre
02 Oct	Ivonne Moguru	RL2
03 Oct	Lindiwe Hlope	RL3
05 Oct	Lehlogonolo Manaka	CP
06 Oct	Leanie Bessinger	Admin
07 Oct	Phindhile Radebe	RL3
08 Oct	Siziwe Manyamalala	LS
08 Oct	Nomagugu Shumba	WL&CP
10 Oct	Raisibe Ledwaba	RL3
10 Oct	Jabu Ndlovu	RL2
13 Oct	Elliot Masina	Maintenance
13 Oct	Kedisaletse Maodi	LS
13 Oct	Esmeralda Rusike	RL3
13 Oct	Catherine Tshinyadzo	LS
20 Oct	Sihle Mashai	LS
22 Oct	Raisibe Bodila	RL1
22 Oct	Boniswa Sithole	Admin
25 Oct	Madibere Madibane	Elphin
26 Oct	Debbie Beech	Elphin
28 Oct	Fulufhelo Mukwevho	RL2
29 Oct	Emily Tshabalala	Elphin
29 Oct	Mamoipone Maluka	CP

* Staff members must please remember to collect their birthday chocolates from reception.

WELCOME TO...

Shirley du Plessis	WL
Marilyn Khan	RL1
Norman Keyser	RL3
Pauline Menashe	RL3

FONDLY REMEMBERED

Joyce Lockhart



HEARTS in Action

Rosemary Mazibuko (left) receives this month's HEARTS in Action award for her natural, compassionate approach to caring for others, her commitment to teamwork and families, and her exceptional attention to detail. Pictured with her is Sister Agnes Makgolane.



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